

The Very First Couple In Scripture

In the beginning Yahuah (יהוה) created the shamayim (the heavens) and the aret (the earth), and everything that's in them. He created the sun, moon, and stars in the shamayim, and on the aret—He created plants, fruit trees, animals, livestock, fish, birds, AND mankind. He looked over everything He had made and said that it was good!

Elohim Almighty completed all this in six days. On the seventh day he rested from all his work. He barak (he bless) the seventh day and declared it qodesh (separated, set-apart or holy) because it was the day when he rested from his work of creation. Shemoth (Exodus) 19:4-5, says Obey Yah's (יה) voice and guard His covenant and you will be His treasured possession above all people. Also, in Shemoth (Exodus) 20:8 the fourth commandment commands observance of the Shabath on that 7th day. This is a covenant between The Most High and His people—all the commandments are a covenant between Yahuah (יהוה) Almighty and His people the Yisraelites¹—and we are descendants of that people. My story is focused on the sixth day—because that is the day Yahuah (יהוה) formed man from the dust of the ground. He breathed the breath of hai² (life) into his nostrils, and man became a living person. Yah (יה) planted the Garden of Ėden and placed the man there to tend and watch over it. He made all sorts of beautiful trees. The trees produced delicious fruit. He placed the *'tree of hai'* and the *'tree of the knowledge of good and evil'* in the middle of the garden. Yah (יה) warned the man that he could eat freely of every tree in the garden—except the *'tree of knowledge of good and evil'*—because “if you eat ITS' fruit, you are sure to die”.

¹ Shemoth (Exodus) 31:12-17 also Shemoth 34:27-28 The Most High spoke to Moshe saying, I have made a covenant with you and the Yisraelites—write the 10 words of the covenant on the tablets.

² Letter h or H with vowel points under them (h or H) are pronounced with a k or K sound.

And then Yahuah (יהוה) Elohim said—it's not good for the man to be alone—I will make him a helper who is just right for him. He had made all the wild animals, livestock and the birds—brought them to the man—to choose a name for each of them—but these were not the helper—that were just right for the man. So Yahuah (יהוה) caused the man to fall into a deep sleep—and while he slept, he took out one of the man's ribs and closed up the opening. Then Yahuah (יהוה) made a woman from the rib and brought HER to the man.

The man said, Ahhh! AT LAST! This one is bone of my bone, and flesh from my flesh! She will be called woman because she was taken from man. This is how Yahuah (יהוה) established the first marriage (between one man and one woman). When Yahuah (יהוה) made the woman from Adam's rib—that same 'breath of ḥai' (of life) that He breathed into Adam—is now in the woman. With Yah's (יהוה) 'breath of ḥai' it becomes a three-cord covenant between the Father, man & his wife. This explains how a man can leave his father and mother—and is joined to his wife, and the two are united into one.

Yahuah (יהוה) placed great value on man— when He said—let us make man in our image, to be like ourselves. They, Adam and his wife were the highlight of His creations—the reason He made the world. He baruk (He blessed) them and told them to be fruitful and multiply; to fill the earth and govern it—to reign over his other creations—the fish, birds, and animals. He gave the man every seed-bearing plant and fruit trees for food; every green plant as food for the animals—birds—and everything else that had life. Again, Yahuah (יהוה) looked over all his creation and said that it was good. It was very good!

But the story doesn't end there. I want to tell the next part of the story because there are some important reminders in it. Shatan (Satan)—once a glorious angel who rebelled against Yah (יהוה) in pride was cast out of the shamayim down to the aret (earth). He disguised himself as a serpent—the most crafty of all the animals Yahuah (יהוה) Elohim had made. One day the serpent asked the woman, is it really true that Yahuah (יהוה) Almighty has said not to eat of every tree in the garden? She said, oh yes, we can eat from the trees; it's only the fruit from the tree in the middle of the garden that we are not allowed to eat. Elohim said we must not eat or even touch it—because if we do, we will surely die. The serpent said—you shall certainly not die! Elohim knows that if you eat it your eyes shall be opened and you will be like Elohim knowing both good and evil. She looked—and saw how beautiful the tree was—its fruit looked delicious—and she desired

the wisdom it would give her. She was convinced—so she took some of the fruit and ate it. Then she gave some to her husband and he ate it too. The moment that happened their eyes were opened—they felt ashamed at their nakedness—and sewed fig leaves together to cover themselves.

Later in the cool of the evening—a breeze was blowing—they heard Elohim Almighty walking in the garden—so they hid from Him. He called out to the man, where are you? The man said I was afraid because I was naked so I hid. Yah (אֱלֹהִים) asked, who told you that? Did you eat from the tree whose fruit I commanded you not to eat? Adam said—it was the woman you gave me—she gave me the fruit and I ate it. Then He asked the woman—what have you done? She said the serpent deceived me! That’s why I ate it. Actually, each of us have a responsibility to be obedient to Our Heavenly Father—which did not happen in this case.

The Most High spoke to the serpent, the woman, and the man—He was about to assign some penalties. This part of my story will remind us how the struggles we face today are a direct result of the sin & disobedience that happened back in the garden. He spoke to the serpent first. He said—because you have done this you are cursed more than all animals—and you will crawl on your belly in the dust for as long as you live. I ask is that still happening today? Yes, it is! Yah (אֱלֹהִים) told the serpent, I will cause hostility between you and the woman—between your seed and her seed. The serpent’s seed is of Shatan. And the woman’s seed is Ha Mashiyach (the Messiah)—the Immaculate Conception born of a woman. The hostility between the two represents a battle between Ha Mashiyach and Shatan. He told the serpent you will crush the man’s heel (this represents Shatan’s repeated attempts to defeat Ha Mashiyach—during his life on earth). There’s nothing deadly about that. But he said the man (Ha Mashiyach) will crush your head—and that is deadly—and represent Shatan’s defeat³. This is telling us the outcome of this battle—that Shatan is already defeated. Although he’s defeated, he continues to deceive in hope of destroying Yah’s (אֱלֹהִים) most treasured possession—His people.

Next, He said to the woman, I will sharpen the pain of your pregnancy, and you will give birth in pain. Do ladies still have pain in pregnancy and child birth? I

³ Foreshadows Satan’s defeat when Mashiyach rose from the dead.

think so—another penalty assigned in the garden that’s still happening today. He also said ladies will desire to control their husband, but he will rule over you. Do ladies still try to control their husbands? Do women try to control men? A different translation says: your desire will be for your husband. I agree with this; we still desire to please our husbands.

Moving on....to the man He said, since you listened to your wife and ate the fruit that I commanded you not to eat, the ground is cursed because of you. All your life you will struggle to scratch a living from it. It will grow thorns and thistles for you—but it will still be your resource for food—until you return to the ground from where you were made. Again, I ask—is this still happening? I think so—we still struggle to earn a living so that we can have food to eat—when we die—we still return to the ground from where we were made—yet another penalty assigned in the garden that’s still enforce today.

Those are the reminders I wanted to include. After all the penalties were assigned—Adam named his wife Ḥawwah—you may know her as Eve—because she would be the mother of all who lived. Yahuah (אֱלֹהִים) Elohim made clothing from animal skins for Adam and his wife. What ever happened to them?⁴

Now that Adam and Ḥawwah knew both good and evil they could also take from the tree of ḥai (life)—eat and live forever. To prevent this from happening—after Yahuah (אֱלֹהִים) made the clothes for them he sent them out of the garden to till the ground. He placed mighty Kerubim (angelic beings) at the east of the garden, and a flaming sword that turned in every direction to guard the tree of ḥai.

Not long afterwards, Adam and his wife Ḥawwah started their family. She conceived and bore their first son Qayin—a tiller of the ground—and again, she gave birth to his brother Hebel—a keeper of sheep. Yahuah (אֱלֹהִים) established marriage first as a gift to Adam. So—in marriage today a man leaves his parents and promise himself to his wife. They love each other—above all others and take

⁴According to Yasher 7:24-30 the clothes of animal skins were given to Kanok (7th generation from Adam). Kanok was translated so as not to see death; after he was translated, they were given to his son Methushelah, then to his grandson Noah. Noah’s son Kam stole them and gave to son Kush, then Kush to son Nimrod who put them on at age 20 and, Yahuah (אֱלֹהִים) gave him great might and strength.

on the responsibility for each other's welfare. The two are united into one in commitment and intimacy.⁵

The proper hierarchy in marriage is first The Most High Heavenly Father, next is His Son (who follows the Father), then the husband or man (who honors the Father and His Son), that's extremely important for the man—as head of household, the wife is next, and children—in that order. I hear some women today say—they don't need a man—I disagree with that! The Almighty established marriage by taking one of the man's ribs to make a helper that was just right for him—because we need each other. He created the man first and then the woman. But every other man came from a woman—meaning we need each other.

Neither is independent of the other—what the Most High Heavenly Father says is true and it can NOT be undone—embrace—we definitely need each other.

THE END

⁵ 2 Kefa (Peter) 2:21 says it's better for them not to have known the Way of righteousness than having known & reject the commands given to live a qodesh (set-apart or holy) life.